MAKING BREAD

Help the Little Red Hen make bread

THINK ABOUT . . .

You can help your child practice retelling story events while also practicing the skill of acoustic highlighting, whisper, and other vocal play activities. For example, in acoustic highlighting, parents can use their voice to stress a specific sound, word or phrase (stretch out the word, change your pitch or volume). Whispering certain words can recapture your child’s attention and make soft sounds easier to distinguish. Using a singsong voice with lots of variation also holds their interest and attention, particularly with infants and toddlers. These are great skills to develop that will help your child learn to listen and attend to auditory information.

ACTIVITY

1- Read the book with your child. Talk about the little Red Hen, the friends she meets, and how she makes the bread.
2- After you have read the book with your child, show your child the character pictures and various ingredients.
3- Explain to your child that you will be helping the hen make bread. Help your child to retell the story using the cutouts, remembering to use acoustic highlighting and a playful voice as you discuss the process of the hen meeting her friends and making the bread.
4- Be sure to give your child plenty of turns to tell you what ingredient the hen needs next.

MATERIALS NEEDED:

- Book: Little Red Hen by Paul Galdone (or another version of this story)
- Story Characters PDF
- Scissors

PREPARATION:

1- Print the pdf of story characters and cut out.
2- (Optional: you may want to laminate the pictures and then add a small magnet to the back. You and your child can use to the fridge or other magnetic surface to place the cutout items to tell the story and utilize vocal play).

VOCABULARY:

- Eggs
- Flour
- Sugar
- Water
- Hen
- Needs
- More
- Less
- Add
- Mix

HELPFUL TIPS:

- Rather than use pictures, you could use real ingredients to make bread or other recipes. Take pictures of each step along the way and then print out for your child to make his or her own book or story cards. Give your child an opportunity to retell the story events to other family members.
- To obtain additional pictures of The Little Red Hen story, several are available on the internet, such as: http://www.3dinosaurs.com/printables/packs/littleredhen.php
- Use acoustic highlighting during other daily activities (e.g., while getting dressed, during meal preparation, etc) to reinforce new vocabulary or speech goals. Remember to allow plenty of time for your child to respond before repeating or helping.
- Expand the book content by talking about how the hen felt when her friends didn't help or how her friends felt when they didn't get any bread. This can be a great opportunity to talk about feelings and friendships.

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