

# SUPERHERO HELP



Sometimes asking questions takes super strength!

## THINK ABOUT...

The development of social skills is important to a child's success in the classroom. These skills include knowing how to ask questions like, "how are you?" and recognizing others' feelings. Children with hearing loss may experience difficulty in developing the language skills needed to ask and answer questions that include abstract components, such as understanding how someone else is feeling and why. This activity can help children practice these skills superhero style.



## ACTIVITY

- 1- Explain to your child that today you are superheroes and you are going to go find people who might need your help. Superheroes have to do two things to be super. They ask people how they are feeling and how a superhero might be of help. Practice with your child a few times saying, "How are you?" and "What can I do to help you?" Give a few examples of ways that people could be feeling, such as happy, sad, mad, tired, excited, or scared.
- 2- Put on your superhero capes and search around the house for people who may need help. (If there is no one to visit, you can use stuffed animals and be their voice.)
- 3- Once you've located someone in need, prompt your child to ask how this person is feeling and if they need any help. Be sure to WAIT and give your child time to ask the question. After the person responds, prompt your child to ask, "Why are you \_\_\_?" "What can I do to help?" Example: Person is sad because she spilled her cereal. Can you help her clean it up?
- 4- After your child has helped the person, you can prompt you child to ask again, "Now how are you?" If all is well, the family member can say 'happy' and you can fly off to your next friend in need.

## MATERIALS NEEDED:

- Towel or large cloth and clothes pin

## PREPARATION:

Preparation:

- 1- Using the towel or large cloth, make a super cape for your child (and yourself if you'd like) by attaching the towel around the neck with a fastener.
- 2- Ask those in the house to have a simple problem that their "superhero" can help solve.

## VOCABULARY:

- How are you?
- What can I do to help?
- Why are you \_\_\_?
  - Happy
  - Sad
  - Mad
  - Tired
  - Excited
  - Scared
  - Nervous
  - Annoyed

## HELPFUL TIPS

- Your child may have hard time producing the full sentences to ask questions. If this is the case, don't focus so much on the completion of the sentence but on selected thoughts or feelings. Your child can learn a great deal just by following your lead and hearing what you have to say.

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