

# WHISPER

A Listening and Spoken Language Strategy

## WHAT is it?

“*Whispering*” is talking with a soft, breathy tone to highlight a word or sound.

### WHY do we use it?

*Whispering* can help children hear certain words or sounds more easily. Some consonant sounds are very soft and high pitched and can be hard to hear even with hearing aids. *Whispering* helps highlight these consonant sounds by making the stronger vowel sounds softer.

### WHEN do we use it?

*Whispering* can be used when your child seems to be having a difficult time hearing a specific word or sound. It is very useful for high pitched consonant sounds like /h/ in “help”, /th/ in “with”, or /f/ in “fish”.

## HOW do we do it?

### Lean in

Close to your child’s microphone

### Whisper

The word or sound that you want to highlight

**Who**  
can use it?

Anyone!

Parents, family members, teachers, and therapists can all use LSL strategies to support your child’s listening and spoken language development!



## WHAT does it look like at home?

**Toddler:** \*struggling to open a box\* “Mom! ‘elp me!”

**Parent:** \*leans close to their microphone\* “It looks like you need some... \*whispered\* help”

### References:

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